{{infobox tvseason |

| season\_name = 迷失第三季

| image = [[Image:LostS3Promo.jpg|250px]]

| caption = [[Tagline]]: Find Yourself…

| DVD發行日期 = [[2007年]][[12月11日]]（美國）<br> [[2007年]][[10月17日]]（澳洲） <br> [[2007年]][[10月22日]]（英國）

| DVD格式= 濶屏盒裝、藍光光碟

| 國家= {{USA}}

| 頻道= [[美國廣播公司]]

| 開始= [[2006年]][[10月4日]]

| 結束= [[2007年]][[5月23日]]

| 集數= [[List of Lost episodes|22]]

|}}

[[美國]][[電視連續劇]]'''''[[迷失]]'''''的'''第三季'''於[[2006年]][[10月4日]]在美國及[[加拿大]]地區首播，並於[[2007年]][[5月23日]]結束。第一集開始的68天之前超過40人的一隊生還者乘飛機墜落在南太平洋一處荒島，而本季繼續描述他們在島上的生存故事。<ref>Fordis, Jeff, ([[January 22]], [[2007]]) "[http://www.abcmedianet.com/assets/pr/html/012207\_15.html The Life of One of "The Others" Rests in Jack's Hands, on the Return of ABC's ''Lost'']," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 7]], [[2007]].</ref>在''迷失''劇情裏面，第三季從[[2004年]][[11月28日]]開始直到[[2004年]][[12月23日]]。製片者說，第一季描述生還者的性格，第二季描述島上的艙口，而第三季便會描述“[[其他人 (迷失)|其他人]]”——荒島上面一群神秘的原著人。<ref>Aurthur, Kate, ([[May 25]], [[2006]]) "[http://www.nytimes.com/2006/05/25/arts/television/25lost.html?ei=5088&en=2d1372ad803eb440&ex=1306209600&pagewanted=print Dickens, Challah and That Mysterious Island]," ''[[The New York Times]]''. Retrieved on [[September 9]], [[2007]].</ref>

爲了響應粉絲們對前一季節目安排的不滿，第三季分兩段播放並且不會重播。<ref>Covel, Bonnie, ([[October 3]], [[2006]]) "[http://lost.about.com/od/creationoflost/a/Jjabramslost.htm J·J·亞伯拉罕 Talks About ''Lost'' and His Other Shows]," ''[[About.com]]''. Retrieved on [[September 7]], [[2007]].</ref>在美國，第一段包含6集節目，並且於每個星期三晚上9點鐘播映，12星期的停頓後，將會在晚上10點鐘播放餘下的16集。<ref>Mahan, Colin, ([[July 18]], [[2006]]) "[http://www.tv.com/story/5400.html?q=lost%20broken&tag=search\_results;title;0 ''Lost'' will be Broken in Two]," ''[[TV.com]]''. Retrieved on [[September 8]], [[2007]].</ref>除此之外，另加三集節目重溫過去兩季所發生的事件。“Lost: A Tale of Survival”在第一集首播前1星期播映，“Lost Survivor Guide”於第二段之前播出，<ref>Fordis, Jeff, ([[January 22]], [[2007]]) "[http://www.abcmedianet.com/web/progcal/dispDNR.aspx?id=012207\_14 Lost Survivor Guide]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 7]], [[2007]].</ref>而“Lost: The Answers”在最後一集前播放。<ref>Fordis, Jeff, ([[April 30]], [[2007]]) "[http://www.abcmedianet.com/web/progcal/dispDNR.aspx?id=043007\_13 Lost: The Answers]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 7]], [[2007]].</ref>[[Buena Vista Home Entertainment]]於[[2007年]][[12月11日]]在[[數位影碟區域碼|區域1]]發佈的DVD標題為''[[Lost (TV series) DVD releases#Season 3|Lost: The Complete Third Season – The Unexplored Experience]]''，<ref>[[Buena Vista Home Entertainment]], (2007) "[http://abctvstore.seenon.com/detail.php?p=24760&v=lost ''Lost - The Complete Third Season'']," ''[[American Broadcasting Company|ABC]]''. Retrieved on [[September 9]], [[2007]].</ref>DVD可為7碟盒裝或者6碟[[藍光光碟]]盒裝。<ref>Snugglefish Media, ([[August 31]], [[2007]]) "[http://bluray.highdefdigest.com/news/show/Disney/TV\_on\_High-Def/Disney\_Reveals\_New\_Specs,\_Exclusive\_Extras\_for\_Lost:\_Third\_Season\_Blu-ray\_/917 Disney Reveals New Specs, Exclusive Extras for ''Lost: Third Season'' Blu-ray]," ''High-Def Digest''. Retrieved on [[September 9]], [[2007]].</ref>

==人員==

本季由Touchstone Television（現為[[ABC Studios]]）、[[Bad Robot Productions]]和Grass Skirt Productions製作並由[[美國廣播公司]]於[[美國]]放映。第三季的執行製作者為[[J·J·亞伯拉罕]]、[[戴蒙·林道夫]]、[[布萊恩·布爾克]]、[[傑克·本德]]、[[傑夫·平克納]]和[[卡爾頓·丘斯]]。<ref>[[戴蒙·林道夫|Lindelof, Damon]], (January 2007) "[http://www.abcmedianet.com/web/showpage/showpage.aspx?program\_id=001648&type=producers ''Lost'' Producers]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 7]], [[2007]].</ref> The staff writers were Lindelof, Cuse, Pinkner, co-executive producers [[愛德華·克特西斯]]和[[亞當·霍若維玆]], co-executive producer [[Drew Goddard]], supervising producer [[伊利沙伯·薩諾夫]], story editor [[克利斯丁娜·M·金]] and executive story editor [[Brian K. Vaughan]].<ref>Goldman, Eric, ([[December 26]], [[2006]]) "[http://tv.ign.com/articles/752/752170p1.html Comic Book Writer Gets ''Lost'']," ''[[IGN]]''. Retrieved on [[September 1]], [[2007]].</ref>而常規的導演為本德、監督製作者[[史提芬·威廉斯]]、[[保羅·愛德華玆]]和[[Eric Laneuville]]，林道夫和丘斯為節目管理者。<ref>Keller, Joel, ([[January 15]], [[2007]]) "[http://www.tvsquad.com/2007/01/15/abcs-show-runners-talk-about-pitching-network-notes-and-inter ABC's Show Runners Talk About Pitching, Network Notes, and Internet Scrutiny]," ''[[TV Squad]]''. Retrieved on [[August 30]], [[2007]].</ref>

==試鏡==

{{TransH}}

<!-- Deleted image removed: [[Image:LostS3Promo2.jpg|250px|thumb|right|A promo poster for the second part of the season that began in February 2007, featuring [[Juliet Burke|Juliet]], [[Nikki and paulo|Nikki]], and [[Nikki and paulo|Paulo]], but without [[Mr. Eko]].]] -->

The season featured sixteen major roles with [[Billing (film)|star billing]], making it the second largest [[ensemble cast]] of the 2006–2007 television season, behind ABC's ''[[Desperate Housewives]]''. Characters are briefly summarized and ordered by billing and number of third season appearances.

[[Evangeline Lilly]] stars as fugitive [[Kate Austen]], who is unsure whether she loves Jack or Sawyer more.<ref>White, Cindy, ([[January 22]], [[2007]]) "[http://www.scifi.com/sfw/interviews/sfw14769.html Executive Producers Lindelof and Cuse Promise That They've Found the Plot Twists That Will Bring Viewers Back]," ''[[Sci Fi Channel (United States)#SciFi.com|Sci Fi]]''. Retrieved on [[August 31]], [[2007]].</ref> [[Matthew Fox (actor)|Matthew Fox]] stars as doctor [[Jack Shephard]], the leader of the castaways.<ref>Bain, Emily, ([[October 20]], [[2004]]) "[http://media.www.tuftsdaily.com/media/storage/paper856/news/2004/10/20/ArtsLiving/Tv.Review.Viewers.Get.lost.In.Popular.New.Abc.Show-1489109.shtml Viewers Get ''Lost'' in Popular New ABC Show]," ''[[The Tufts Daily]]''. Retrieved on [[August 31]], [[2007]].</ref> [[Josh Holloway]] portrays the sardonic con-man [[James "Sawyer" Ford]]. [[Elizabeth Mitchell]] joined the cast as [[Juliet Burke]], an Other trying to escape the island.<ref>[[卡爾頓·丘斯|Cuse, Carlton]] (writer), [[傑夫·平克納|Pinkner, Jeff]] (writer) & [[Stephen Williams (director)|Williams, Stephen]] (director). "[[Not in Portland]]." ''[[Lost (TV series)|Lost]]'', [[American Broadcasting Company|ABC]]. [[February 7]], [[2007]]. [[List of Lost episodes|Episode 7]], season 3.</ref> [[Henry Ian Cusick]] was promoted to the main cast,<ref>Mullaney, Andrea, ([[July 30]], [[2006]]) "[http://www.sundaymail.co.uk/news/tm\_objectid=17472231&method=full&siteid=64736&headline=scots-star-happy-to-get-lost-for-a-year--name\_page.html Scots Star Happy to Get ''Lost'' for a Year]," ''[[The Sunday Mail]]''. Retrieved on [[September 9]], [[2007]].</ref> playing [[Desmond Hume]], a man with a supernatural ability to see "flashes" from the future, who foresees [[Dominic Monaghan]]'s character [[Charlie Pace]]'s death. [[Naveen Andrews]] acts as [[Sayid Jarrah]], a former [[Iraqi Republican Guard]].<ref>Twair, Pat McDonnell, (April, 2005) "[http://www.britannica.com/eb/topic-922680/Republican-Guard ABC-TV's Hit Series, ''Lost'', Features Sayid, a Sensitive, Appealing Iraqi]," ''[[Brittanica]]''. Retrieved on [[September 1]], [[2007]].</ref> Second season guest star [[Michael Emerson]] was promoted to the main cast as [[Ben Linus|Ben "Henry Gale" Linus]], a high-ranking manipulative Other.<ref>Simonson, Robert, ([[May 28]], [[2006]]) "[http://www.playbill.com/news/article/99909.html Michael Emerson to Become Series Regular on TV's ''Lost'']," ''[[Playbill]]''. Retrieved on [[September 9]], [[2007]].</ref> [[Jorge Garcia]]'s character [[Hugo "Hurley" Reyes|Hurley Reyes]] continued to serve as the show's comic relief.<ref>[[Jorge Garcia|Garcia, Jorge]] (March 2006) "[http://www.maximonline.com/articles/index.aspx?a\_id=7045 We Want Answers!]," ''[[Maxim (magazine)|Maxim]]''. Retrieved on [[August 31]], [[2007]].</ref> [[Daniel Dae Kim]] plays non-English speaking [[Jin-Soo Kwon|Jin Kwon]], the son of a fisherman, with [[Yunjin Kim]] as Jin's English-speaking pregnant wife [[Sun-Hwa Kwon|Sun]].<ref>Juba, Scott, ([[June 28]], [[2006]]) "[http://www.the-trades.com/article.php?id=4469 Yunjin Kim: Across Continents]," ''[[Web.com#History|The Trades]]''. Retrieved on [[September 1]], [[2007]].</ref> [[Terry O'Quinn]] plays [[John Locke (Lost)|John Locke]], an alienated survivor with a deep connection to the [[Mythology of Lost|island]].<ref>[[戴蒙·林道夫|Lindelof, Damon]]和[[卡爾頓·丘斯|Cuse, Carlton]], ([[May 11]], [[2007]]) "[http://abc.go.com/primetime/lost/podcast?dt=20070511 Official ''Lost'' Podcast]," ''[[American Broadcasting Company]]''. Retrieved on [[August 31]], [[2007]].</ref> [[Emilie de Ravin]] portrays single new mother [[Claire Littleton]].<ref>[[Disney]] (October, 2006) "[http://abc.go.com/primetime/lost/bios?pn=character&name=Claire%20Littleton Claire Littleton]," ''[[American Broadcasting Company|ABC]]''. Retrieved on [[September 1]], [[2007]].</ref> [[Rodrigo Santoro]] and [[Kiele Sanchez]] also joined as previously unseen crash survivors [[Nikki and Paulo|Paulo]] and [[Nikki and Paulo|Nikki Fernandez]]. [[Adewale Akinnuoye-Agbaje]] briefly returned as [[Mr. Eko]].<ref>[[Kristin Veitch|Veitch, Kristin]], ([[November 2]], [[2006]]) "[http://www.eonline.com/gossip/kristin/blog/index.jsp?uuid=01de5f6d-ba35-455f-9f9d-56064335fcb0 ''Lost'' Redux: Why, God, ''Why''?!]," ''[[E!]]''. Retrieved on [[September 9]], [[2007]].</ref>

The third season featured numerous [[Recurring character|recurring]] [[guest star]]s. [[M. C. Gainey]] plays the Other [[Tom (Lost)|Tom]].<ref>[[M. C. Gainey|Gainey, M.C.]], ([[April 16]], [[2007]]) "[http://abc.go.com/primetime/lost/podcast?dt=20070416 Official ''Lost'' Podcast]," ''[[American Broadcasting Company|ABC]]''. Retrieved on [[September 8]], [[2007]].</ref> [[Tania Raymonde]] plays [[Alex (Lost)|Alex]], while [[Mira Furlan]] plays her mother [[Danielle Rousseau]], who meets Alex for the first time since she was born.<ref>Keck, William, ([[May 23]], [[2007]]) "[http://www.usatoday.com/life/television/news/2007-05-22-lost-ladies\_n.htm After 3 Long ''Lost'' Seasons, a Rousseau Family Reunion]," ''[[USA Today]]''. Retrieved on [[September 8]], [[2007]].</ref>

[[Image:Lost cast (season 3).png|300px|thumb|left|From left to right: [[Ben Linus|Ben]], [[Kate Austen|Kate]], [[James "Sawyer" Ford|Sawyer]], [[Claire Littleton|Claire]], [[Charlie Pace|Charlie]], [[傑克·謝潑德|傑克]], [[John Locke (Lost)|Locke]], [[Sayid Jarrah|Sayid]], [[Sun-Hwa Kwon|Sun]], [[Desmond Hume|Desmond]], [[Hugo "Hurley" Reyes|Hurley]], [[Jin-Soo Kwon|Jin]] and [[Juliet Burke|Juliet]]]]

[[Andrew Divoff]] acts as the eye-patched Other [[Others (Lost)#Mikhail Bakunin|Mikhail Bakunin]] and [[Nestor Carbonell]] acts as the ageless Other [[Others (Lost)#Dr. Richard Alpert|Richard Alpert]]. [[Marsha Thomason]]'s character [[Characters of Lost#Naomi Dorrit|Naomi Dorrit]] parachutes onto the island.<ref>Rawson-Jones, Ben, ([[May 18]], [[2007]]) "[http://www.digitalspy.co.uk/cult/a46737/losts-marsha-thomason-interview.html ''Lost''<nowiki>'</nowiki>s Marsha Thomason Interview]," ''[[DigitalSpy]]''. Retrieved on [[September 8]], [[2007]].</ref> [[Blake Bashoff]] plays Alex's boyfriend [[Others (Lost)#Karl|Karl]]. [[Michael Bowen (actor)|Michael Bowen]] portrays the vengeful Other [[Danny Pickett|Pickett]] and [[William Mapother]] portrays the late Other, [[Ethan Rom]]. [[Sonya Walger]] plays Desmond's off-island girlfriend [[Characters of Lost#Penelope "Penny" Widmore|Penny Widmore]]. [[Brian Goodman]] plays the Other [[Characters of Lost#Ryan Pryce|Ryan Pryce]]. [[L. Scott Caldwell]] and [[Sam Anderson]] briefly return as Flight 815 married couple [[Rose Henderson]] and [[Bernard Nadler]].

Special guest stars are actors and actresses who were once given star billing, but due to a character's death or escape from the island, now appear on occasion. First season main cast member [[Ian Somerhalder]] reprised his role in hallucinations and flashbacks as [[Boone Carlyle]], as did his step-sister [[Shannon Rutherford]], played by [[Maggie Grace]].<ref>Lachonis, Jon, ([[March 21]], [[2007]]) "[http://www.buddytv.com/articles/lost/losts-expose-reunites-fan-favo-5224.aspx ''Lost''<nowiki>'</nowiki>s Exposé Reunites Fan Favorites]," ''[[BuddyTV]]''. Retrieved on [[September 9]], [[2007]].</ref> [[Malcolm David Kelley]] returned for a single scene as ten-year old [[Walt Lloyd]].<ref>''[[BuddyTV]]'', ([[May 25]], [[2007]]) "[http://www.buddytv.com/articles/lost/more/lost-season-three-finale-favor-6943.aspx ''Lost'' Season Three Finale - Favorite Moments!],". Retrieved on [[July 8]], [[2007]].</ref>

== Reception ==

{{Quote box

| quote = After criticism… reached its zenith, the backlash drew a backlash. Down the stretch, critics lauded ''Lost'' for one powerhouse episode after another, satisfying frustrated viewers by providing long-sought answers to some mysteries while simultaneously igniting strong new plotlines.

| source = — ''[[Variety (magazine)|Variety]]'' magazine<ref>Frankel, Daniel & Levine, Stuart & Lowry, Brian & Weisman, Jon, ([[June 13]], [[2007]]) "[http://www.variety.com/awardcentral\_article/VR1117966891.html Veteran TV Series to Get Serious Emmy Consideration]," ''[[Variety (magazine)|Variety]]''. Retrieved on [[October 26]], [[2007]].</ref>

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The first block of episodes was criticized for raising too many mysteries<ref>Simunic, Steven, ([[March 15]], [[2007]]) "[http://www.dailycal.org/shabarticle.php?id=23854 Why ABC's ''Lost'' Is Losing It]," ''[[The Daily Californian]]''. Retrieved on [[September 8]], [[2007]].</ref> and not providing enough answers.<ref>Porter, Rick, ([[November 8]], [[2006]]) "[http://blog.zap2it.com/frominsidethebox/2006/11/lost\_yep\_thats\_.html ''Lost'': Yep, That's a Cliffhanger]," ''Zap2It''. Retrieved on [[September 7]], [[2007]].</ref> Complaints were also made about the limited screen-time for many of the main characters in the first block.<ref>Martin, Ed, ([[January 31]], [[2007]]) "[http://www.mediavillage.com/jmentr/2007/01/31/jmer-lost-01-31-07 Exclusive Interview! ''Lost'' Executive Producers 戴蒙·林道夫 and 卡爾頓·丘斯]," ''MediaVillage''. Retrieved on [[September 6]], [[2007]].</ref> Locke, played by Terry O'Quinn, who had tied for the highest second season episode count, appeared in only thirteen of twenty-two episodes in the third season – only two more than guest star M.C. Gainey, who played Tom. Reaction to two new characters, Nikki and Paulo, was generally negative, with Lindelof even acknowledging that the couple was "universally despised" by fans.<ref>Jensen, Jeff & Snierson, Dan, ([[February 8]], [[2007]]) "[http://www.ew.com/ew/article/0,,20011203\_3,00.html ''Lost'' and Found]," ''[[Entertainment Weekly]]''. Retrieved on [[April 3]], [[2007]].</ref> The decision to split the season<ref>Goldman, Eric, ([[November 7]], [[2007]]) "[http://uk.tv.ign.com/articles/833/833445p1.html Writers Strike: Should ''Lost'' Air This Season?]," ''[[IGN]]''. Retrieved on [[November 8]], [[2007]].</ref> and the American timeslot switch after the hiatus were also criticized.<ref>Brownfield, Robin, ([[March 28]], [[2007]]) "[http://syfyportal.com/news423466.html Naveen Andrews: ''Lost'' Should Start Earlier]," ''[[SyFy Portal]]''. Retrieved on [[September 8]], [[2007]].</ref> Cuse acknowledged that "No one was happy with the six-episode run."<ref>[[Michael Ausiello|Ausiello, Michael]], ([[November 7]], [[2007]]) "[http://www.tvguide.com/Ask-Ausiello/071107 Ausiello on ''Lost'', ''Buffy'', ''Heroes'', ''ER'' and More!]," ''[[TV Guide]]''. Retrieved on [[November 10]], [[2007]].</ref> The second block of episodes was critically acclaimed however,<ref>Lachonis, Jon, ([[July 20]], [[2007]]) "[http://www.buddytv.com/articles/lost/lost-when-is-an-emmy-snub-not-8505.aspx ''Lost'' – When is an Emmy Snub not a Snub?]," ''[[BuddyTV]]''. Retrieved on [[September 9]], [[2007]].</ref> with the crew dealing with problems from the first block.<ref>Jensen, Jeff, ([[May 29]], [[2007]]) "[http://www.ew.com/ew/article/0,,20040589,00.html Flashforward Thinking]," ''[[Entertainment Weekly]]''. Retrieved on [[September 7]], [[2007]].</ref> More answers were written into the show<ref>Pierce, Scott D., ([[May 23]], [[2007]]) "[http://deseretnews.com/dn/view/0,1249,660222952,00.html Is ''Lost'' Found?]," ''[[Deseret Morning News]]''. Retrieved on [[September 8]], [[2007]].</ref> and Nikki and Paulo were [[Exposé (Lost)|killed off]].<ref>Malcolm, Shawna, ([[March 29]], [[2007]]) "[http://community.tvguide.com/blog-entry/TVGuide-Editors-Blog/Todays-News/Lost-Boss-Explains/800011706 Lost Boss Explains Last Night's Double Demise]," ''[[TV Guide]]''. Retrieved on [[April 2]], [[2007]].</ref> It was also announced that the series would end three seasons after the third season,<ref>Adalian, Josef, ([[May 6]], [[2007]]) [http://www.variety.com/article/VR1117964371.html ''Lost'' Set for Three More Years], ''[[Variety (magazine)|Variety]]''. Retrieved on [[September 6]], [[2007]].</ref> which Cuse hoped would tell the audience that the writers knew where the story was going.<ref>Ryan, Maureen, ([[January 14]], [[2007]]) "[http://featuresblogs.chicagotribune.com/entertainment\_tv/2007/01/lost\_producers\_.html ''Lost'' Producers Talk About Setting an End Date and Much More]," ''[[Chicago Tribune]]''. Retrieved on [[September 6]], [[2007]].</ref>

The third season was [[59th Primetime Emmy Awards|nominated]] for six [[Primetime Emmy Award]]s, including nominations for [[Primetime Emmy Award for Outstanding Directing for a Drama Series|directing]], [[Primetime Emmy Award for Outstanding Writing for a Drama Series|writing]], single camera picture editing and sound editing.<ref>[[Jon Cryer|Cryer, Jon]]和[[Kyra Sedgwick|Sedgwick, Kyra]] ([[July 19]], [[2007]]) "[http://www.emmys.org/awards/2007pt/nominations.php?action=search\_db Primetime Emmys Complete 2007 Nominations List]," ''[[Academy of Television Arts & Sciences]]''. Retrieved on [[August 5]], [[2007]].</ref> O'Quinn won the third season's only Emmy Award for [[Primetime Emmy Award for Outstanding Supporting Actor - Drama Series|acting in a supporting role]].<ref>King, Susan, ([[September 16]], [[2007]]) "[http://theenvelope.latimes.com/awards/emmys/env-emmyslive-16sep16,0,3059662.story?coll=env-emmy Emmys Live]," ''[[The Los Angeles Times]] Envelope''. Retrieved on [[September 16]], [[2007]].</ref> The [[Flashes Before Your Eyes|eighth episode]] was [[Writers Guild of America Awards 2007|nominated]] for a [[Writers Guild of America Award]] in the "Episodic Drama" category.<ref>Mitchell, Gregg & Goldman, Sherry, ([[December 12]], [[2007]]) "[http://www.wga.org/subpage\_newsevents.aspx?id=2653 2008 Writers Guild Awards Television & Radio Nominees Announced]," ''[[Writers Guild of America|Writers Guild of America, West]]''. Retrieved on [[December 13]], [[2007]].</ref> The producers were nominated for a [[Producers Guild of America|Producers Guild Award]] in the "TV Drama" category.<ref>''[[Producers Guild of America]]'', ([[November 18]], [[2007]]) "[http://www.producersguild.org/pg/awards\_a 19th Annual Producers Guild Awards]." Retrieved on [[January 5]], [[2008]].</ref> ''Lost''<nowiki>'</nowiki>s stunt team was [[14th Screen Actors Guild Awards|nominated]] for the season's only [[Screen Actors Guild Awards|Screen Actors Guild Award]].<ref>[[Screen Actors Guild]], ([[December 20]], [[2007]]) "[http://www.sagawards.org/PR\_071220 Nominations Announced for the Fourteenth Annual Screen Actors Guild Awards]." [[Press release]]. Retrieved on [[December 22]], [[2007]].</ref> ''Lost''<nowiki>'</nowiki>s third season also received a [[Television Critics Association]] nomination in the drama category.<ref>''[[Television Critics Association]]'', ([[July 21]], [[2007]]) "[http://www.tvcritics.org/tca/files/July2007/TCA%20complete%20NOMINEES%20list.xls Complete List of Nominees (Through 2007)]." Retrieved on [[December 31]], [[2007]].</ref> The season was not [[65th Golden Globe Awards|nominated]] for a [[Golden Globe Award]]<ref>''[[Hollywood Foreign Press Association]]'', ([[December 13]], [[2007]]) "[http://www.goldenglobes.org/news/id/81 2008 Golden Globe Awards Nominations for the Year Ended December 31, 2007]." Retrieved on [[January 5]], [[2008]].</ref> and has two [[Directors Guild of America Award|Directors Guild Award]] nominations.<ref>''[[Directors Guild of America]]'', ([[January 10]], [[2008]]) "[http://www.dga.org/news/pr\_expand.php3?537 DGA Announces Nominees for Outstanding Directorial Achievement in All Categories for 2007]". ''Retrieved on [[January 13]], [[2008]].</ref> The season averaged 14.6 million American viewers per episode, ranking seventeenth in viewership and ninth in the key adults 18–49 demographic.<ref>[[Nielsen Media Research|Nielsen]], ([[May 25]], [[2007]]) "[http://www.hollywoodreporter.com/hr/content\_display/television/features/e3ifbfdd1bcb53266ad8d9a71cad261604f 2006-07 Primetime Wrap]," ''[[The Hollywood Reporter]]''. Retrieved on [[September 9]], [[2007]].</ref> The first block had an average of four million more viewers than the second block,<ref>[[Nielsen Media Research|Nielsen]], ([[June 5]], [[2007]]) "[http://www.abcmedianet.com/web/progcal/dispDNR.aspx?id=060507\_05 Season Program Rankings]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 20]], [[2007]].</ref> with the fourteenth episode meeting a ratings low for the series,<ref>[[Nielsen Media Research|Nielsen]], ([[June 2]], [[2007]]) "[http://www.yauws.com/content.php?id=7 ABC's ''Lost'' Ratings at a Glance]," ''Yet Another Useless Web Site''. Retrieved on [[September 9]], [[2007]].</ref> with 11.52 million viewers.<ref>[[Disney]], ([[April 3]], [[2007]]) "[http://www.abcmedianet.com/web/progcal/dispDNR.aspx?id=040307\_05 Weekly Program Rankings]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 6]], [[2007]].</ref> However, ''Lost'' was the most recorded program of 2007.<ref>[[Nielsen Media Research|Nielsen]], ([[December 11]], [[2007]]) "[http://www.prnewswire.com/cgi-bin/stories.pl?ACCT=104&STORY=/www/story/12-11-2007/0004720933&EDATE= The Nielsen Company Issues Top Ten U.S. Lists for 2007]," ''[[PR Newswire]]''. Retrieved on [[December 12]], [[2007]].</ref>

{{TransF}}

==集目==

“集目編號”代表本集在整個連續劇裏的集號，而“季節集目編號”則代表本集在本季中的集號，“角色描述”為在回敘中被描述的角色。第一季總共用時為991分鐘。<ref>''[[Lost (TV series) DVD releases#Season 3|Lost: The Complete Third Season – The Unexplored Experience]]'', [[Buena Vista Home Entertainment]]. [[December 11]], [[2007]]. [http://bp1.blogger.com/\_RrObyQ3XzcY/RvrDX58q\_UI/AAAAAAAAI74/2hDIJikzEiw/s1600-h/Back.jpg Back cover].</ref>

<onlyinclude>{| class="wikitable" style="width:99%;" style="background: #FFFFFF;"

|-style="color:white"

! style="background-color: #228B22;"| 集目編號

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{{迷失集目表

|EpisodeNumber=48

|EpisodeNumber2=1

|Title=[[A Tale of Two Cities (Lost)|A Tale of Two Cities]]

|Aux1=[[傑克·本德]]

|Aux2=故事由[[戴蒙·林道夫]]<br>劇本由[[J·J·亞伯拉罕]]和[[戴蒙·林道夫]]

|Aux3=[[傑克·謝潑德|傑克]]

|OriginalAirDate=[[2006年]][[10月4日]]

|ShortSummary= 傑克被囚禁在[[達摩計劃]]的水底工作站Hydra裏，and interrogated by an Other named Juliet。凱特和索耶被關在附近的籠子中。索耶嘗試和另一個叫Karl的小伙子（“其他人”一員）一起逃跑，卻不幸又被抓回來了。“亨利·蓋爾”的真名叫班，並且是這群“其他人”的領導。回憶裏面，傑克努力找出誰搶走了他的妻子薩拉，導致了他們婚姻的失敗。傑克懷疑他自己的爸爸，因此在戒酒中心的聚會上打了他一頓。傑克is arrested and bailed out by his wife。

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{{迷失集目表

|EpisodeNumber = 49

|EpisodeNumber2 = 3<ref name=swap>"Further Instructions" & "The Glass Ballerina" were aired out of order. Fordis, Jeff, ([[October 2]], [[2006]]) "[http://www.abcmedianet.com/assets/pr/html/100206\_11.html The Question of Whether Locke, Eko and Desmond Survived the Implosion of the Hatch is Answered]," ''[[ABC Studios|ABC Medianet]]''. Retrieved on [[September 3]], [[2007]].</ref>

|Title = [[The Glass Ballerina]]

|Aux1 = [[保羅·愛德華玆]]

|Aux2 = [[傑夫·平克納]]和[[Drew Goddard]]

|Aux3 = [[白善華|善華]]和[[權真秀|真秀]]

|OriginalAirDate = [[2006年]][[10月11日]]

|ShortSummary = 班和傑克作出了交易：只要傑克合作，班就會放他離開荒島。“其他人”要凱特和索耶敲碎石塊，而他倆那時才發現他們一直都在閉路電視裏受到班的監視。在帆船上，善華、真秀和薩伊德被“其他人”暗中襲擊。善華一槍射穿了“其他人”的一員Colleen，而帆船則後來被“其他人”拿去。最後他們三個人走回到了生還者營地。回憶中顯示出善華的父親發現了她和Jae Lee的不尋常關係，並命令真秀殺了Jae。然而真秀只是威脅了他，儘管最後Jae還是跳樓自殺了。

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{{迷失集目表

|EpisodeNumber = 50

|EpisodeNumber2 = 2<ref name=swap/>

|Title = [[Further Instructions]]

|Aux1 = [[史提芬·威廉斯]] isodeNumb

|Aux2 = [[卡爾頓·丘斯]]和[[伊利沙伯·薩諾夫]]

|Aux3 = [[約翰·洛克|洛克]]

|OriginalAirDate = [[2006年]][[10月18日]]

|ShortSummary = 洛克、戴斯蒙德和伊高在艙口内爆之後並沒有死。洛克在暫時說不了聲的同時，卻仿佛看到了布恩，於是因爲某些相關的原因和查理一同從一頭北極熊的洞穴中救出了伊高。赫利逐漸發覺在艙口内爆後，戴斯蒙德有了“記得”未來事件的能力。回憶裏面，洛克是一個大麻種植場社區的一分子，有一次他意外地從外帶進了一個裝扮成迷路小伙子的警察。

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{{迷失集目表

|EpisodeNumber = 51

|EpisodeNumber2 = 4

|Title = [[Every Man for Himself (Lost)|Every Man for Himself]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[愛德華·克特西斯]]和[[亞當·霍若維玆]]

|Aux3 = [[詹姆斯·「索耶」·福特|索耶]]

|OriginalAirDate = [[2006年]][[10月25日]]

|ShortSummary = Colleen因槍傷去世，她的丈夫Pickett以毆打索耶洩憤。索耶受班的欺騙，以為一個心臟起搏器已經被植入自己的體内，只要自己的心跳超過每分鐘140次，心臟便會爆炸。班後來告訴索耶他嘗試逃走是沒用的，因爲他們根本不在生還者營地的那個島上，而是旁邊的另一個小島。會議中，索耶因欺騙罪入獄，卻發覺自己有一個女兒。在假裝對女兒毫不經意的同時，他也給了女兒一大筆金錢。

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{{迷失集目表

|EpisodeNumber = 52

|EpisodeNumber2 = 5

|Title = [[The Cost of Living (Lost)|The Cost of Living]]

|Aux1 = [[傑克·本德]]

|Aux2 = [[Alison Schapker]]和[[Monica Owusu-Breen]]

|Aux3 = [[伊高·東迪|伊高先生]]

|OriginalAirDate = [[2006年]][[11月1日]]

|ShortSummary = 伊高跟著一個似乎是他死去的弟弟的人走進了叢林，卻發覺那是只煙霧怪獸，正準備要殺了伊高。傑克知道了自己被“其他人”捉去，是爲了要幫班做脊椎腫瘤切除手術。茱莉葉倒戈相向，並和傑克一起對抗班，還設計了一個計劃，要傑克在做手術時假裝意外殺死班。在回憶中，伊高的弟弟死去之後，他成爲了一名牧師，而且爲了保護自己的小鎮而殺死了幾個威脅他安全的人。

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{{迷失集目表

|EpisodeNumber = 53

|EpisodeNumber2 = 6

|Title = [[I Do (Lost)|I Do]]

|Aux1 = [[Tucker Gates]]

|Aux2 = [[戴蒙·林道夫]]和[[卡爾頓·丘斯]]

|Aux3 = [[凱特·奧斯頓|凱特]]

|OriginalAirDate = [[2006年]][[11月8日]]

|ShortSummary = 凱特和索耶在籠子裏做愛，表示出大家互相的愛情。傑克中止了班的脊椎手術，並且威脅“其他人”要是不給凱特和索耶時間逃走，他就殺了班，這時火冒三丈的Pickett差點殺死索耶。回憶中，凱特千方百計想過正常的生活，卻最終還是在對丈夫自首之後逃走了。

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{{迷失集目表

|EpisodeNumber = 54

|EpisodeNumber2 = 7

|Title = [[Not in Portland]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[卡爾頓·丘斯]]和[[傑夫·平克納]]

|Aux3 = [[茱莉葉·柏克|茱莉葉]]

|OriginalAirDate = [[2007年]][[2月7日]]

|ShortSummary = “其他人”之一的青年艾莉克斯提供了一隻獨木舟給凱特和索耶，讓他們回到自己所住的島嶼上；卻要求他們先讓她就出自己的男朋友，因爲他被關在一間房間裏被迫開影片[[洗腦]]。茱莉葉從後殺死了用槍指著凱特和索耶的Pickett,另一方面傑克完成了班的手術。回憶裏描寫，飛機失事之前三年，茱莉葉一直是一位不孕症醫生，並且曾是自己不育的妹妹懷孕。Mittelos Bioscience訪問茱莉葉。

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{{迷失集目表

|EpisodeNumber = 55

|EpisodeNumber2 = 8

|Title = [[Flashes Before Your Eyes]]

|Aux1 = [[傑克·本德]]

|Aux2 = [[戴蒙·林道夫]]和[[Drew Goddard]]

|Aux3 = [[德斯蒙德·休謨|德斯蒙德]]

|OriginalAirDate = [[2007年]][[2月14日]]

|ShortSummary = 查理和赫利嘗試灌醉戴斯蒙德，好套出他能預見未來的原因。回憶描述在艙口内爆之後所發生在戴斯蒙德身上的事。他回到了過去，重新過了一次來荒島之前和Penny一起的生活。同時他在買戒指時從一位能預知未來的店主學到了宇宙有“路經修正”的能力，世上所有的事件如果要發生，就終會發生，誰也阻止不了。他忽然又回到了島上，從此有了能看到未來片斷的能力。他沿用學到的道理，預言查理被上天選中，很快便會死。

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{{迷失集目表

|EpisodeNumber = 56

|EpisodeNumber2 = 9

|Title = [[Stranger in a Strange Land (Lost)|Stranger in a Strange Land]]

|Aux1 = [[Paris Barclay]]

|Aux2 = [[伊利沙伯·薩諾夫]]和[[克利斯丁娜·M·金]]

|Aux3 = [[傑克·謝潑德|傑克]]

|OriginalAirDate = [[2007年]][[2月21日]]

|ShortSummary = 茱莉葉因謀殺Pickett而接受審訊。有了傑克和班的幫助，茱莉葉才沒有被判死刑。“其他人”和傑克回到了“其他人”在生還者營地所處的島嶼上落後的住所。回憶中，描述傑克在一次奇異的泰國旅行中認識了一個泰國女人，並得到了他肩膀上的紋身。

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{{迷失集目表

|EpisodeNumber = 57

|EpisodeNumber2 = 10

|Title = [[Tricia Tanaka Is Dead]]

|Aux1 = [[Eric Laneuville]]

|Aux2 = [[愛德華·克特西斯]]和[[亞當·霍若維玆]]

|Aux3 = [[雨果·「赫利」·瑞斯|赫利]]

|OriginalAirDate = [[2007年]][[2月28日]]

|ShortSummary = 凱特和索耶回到了海灘上。赫利在森林裏找到了一輛被荒廢的破舊小貨車，並且和查理、索耶和真秀一起駕駛它。凱特、薩伊德和洛克出發營救傑克。回憶裏，在赫利贏得樂透頭獎之後回家了，因此被赫利認爲是為他的獎金而來。

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{{迷失集目表

|EpisodeNumber = 58

|EpisodeNumber2 = 11

|Title = [[Enter 77]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[卡爾頓·丘斯]]和[[戴蒙·林道夫]]

|Aux3 = [[薩伊德·賈拉|薩伊德]]

|OriginalAirDate = [[2007年]][[3月7日]]

|ShortSummary = 洛克、薩伊德和凱特調查一個達摩通訊站，並遇到了居住其中的Mikhail。離開時，洛克把這個工作站炸了。索耶爲了取回自己的財物而和赫利進行了一場乒乓球賽，然而他輸了，因此需要遵守約定：一個星期之内不准幫人們改別名。回憶裏面，薩伊德在巴黎碰上了一個他曾經拷問過的犯人。

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{{迷失集目表

|EpisodeNumber = 59

|EpisodeNumber2 = 12

|Title = [[Par Avion]]

|Aux1 = [[保羅·愛德華玆]]

|Aux2 = [[克利斯丁娜·M·金]]和[[Jordan Rosenberg]]

|Aux3 = [[克萊爾·李特頓|克萊爾]]

|OriginalAirDate = [[2007年]][[3月14日]]

|ShortSummary = 克萊爾得知了德斯蒙德能預知未來的秘密，並且把一條求救紙條綁在一隻候鳥腳上再放走它，希望有一日會有人發現。洛克、薩伊德和凱特在拯救傑克的路上被一條保護“其他人”住處的超聲波防綫擋住了。Mikhail被洛克迫使穿過防綫，超聲波導致他口吐白沫身亡。大家以從上饒過探測器成功穿過防綫。回憶中，克萊爾在一次車禍之後進了醫院，遇到了自己從未見過的父親——原來她的父親就是傑克的父親。

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{{迷失集目表

|EpisodeNumber = 60

|EpisodeNumber2 = 13

|Title = [[The Man from Tallahassee]]

|Aux1 = [[傑克·本德]]

|Aux2 = [[Drew Goddard]]和[[傑夫·平克納]]

|Aux3 = [[約翰·洛克|洛克]]

|OriginalAirDate = [[2007年]][[3月21日]]

|ShortSummary = 洛克、薩伊德和凱特第一次來到“其他人”住的地方，卻發現傑克在那裏生活得很高興。感情日漸加深的傑克和茱莉葉跟班定下協議，要班用“其他人”的一艘潛水艇運走他們，然而洛克一手炸了潛水艇，使計劃泡湯。班告訴洛克，洛克的父親已經被他關起來了。回憶中，洛克的父親把他從窗戶推了出去，使洛克下身癱瘓。

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{{迷失集目表

|EpisodeNumber = 61

|EpisodeNumber2 = 14

|Title = [[Exposé (Lost)|Exposé]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[愛德華·克特西斯]]和[[亞當·霍若維玆]]

|Aux3 = [[妮姬和保羅]]

|OriginalAirDate = [[2007年]][[3月28日]]

|ShortSummary = 查理告訴善華他和索耶是在森林裏綁架她的幕後策劃者。一些生還者調查著前段時期妮姬和保羅的死。回憶裏，妮姬和保羅為一些從一位百萬富翁television executive那裏騙回來的鑽石而爭執。回到荒島上，妮姬在保羅身上釋放了一隻劇毒蜘蛛，保羅即時癱瘓了；那蜘蛛引來了許多蜘蛛，也把妮姬癱瘓了，他們雙雙被困八小時。後來，生還者們並沒有察覺他們被毒液癱瘓，因此活活埋了他們。

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{{迷失集目表

|EpisodeNumber = 62

|EpisodeNumber2 = 15

|Title = [[Left Behind (Lost)|Left Behind]]

|Aux1 = [[Karen Gaviola]]

|Aux2 = [[戴蒙·林道夫]]和[[伊利沙伯·薩諾夫]]

|Aux3 = [[凱特·奧斯頓|凱特]]

|OriginalAirDate = [[2007年]][[4月4日]]

|ShortSummary = “其他人”和洛克一起離開了“其他人”的住處。Hurley cons Sawyer into making amends with his fellow castaways。回憶裏，凱特用盡辦法，最終和抛棄她的母親見面了。

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{{迷失集目表

|EpisodeNumber = 63

|EpisodeNumber2 = 16

|Title = [[One of Us (Lost)|One of Us]]

|Aux1 = [[傑克·本德]]

|Aux2 = [[卡爾頓·丘斯]]和[[Drew Goddard]]

|Aux3 = [[茱莉葉·柏克|茱莉葉]]

|OriginalAirDate = [[2007年]][[4月11日]]

|ShortSummary = 傑克、薩伊德、凱特和茱莉葉從“其他人”的營地回來了，因爲傑克一直信任著茱莉葉，儘管其他生還者對他的舉動深表懷疑。一種奇怪的病出現在克萊爾身上，是“其他人”在他身上植入的物體引起的，茱莉葉卻為她十分擔心。回憶描述茱莉葉在荒島上的生活。茱莉葉被迫住在島上，眼睜睜看著一個個在島上懷孕的人莫名其妙地死去而無能爲力阻止。回憶又顯示茱莉葉和班聯合計劃陰謀，讓茱莉葉潛入生還者們作内奸。

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{{迷失集目表

|EpisodeNumber = 64

|EpisodeNumber2 = 17

|Title = [[Catch-22 (Lost)|Catch-22]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[傑夫·平克納]]和[[Brian K. Vaughan]]

|Aux3 = [[德斯蒙德·休謨|德斯蒙德]]

|OriginalAirDate = [[2007年]][[4月18日]]

|ShortSummary = 為關於未來的“記憶”驅使，德斯蒙德説服查理、赫利和真秀徒步穿越森林，使他們得以發現剛剛用降落傘著陸的娜歐米。在看到傑克和茱莉葉單獨相處後，凱特的愛情目標轉向了索耶。回憶之中，顯示出德斯蒙德曾是一位修道士，並描述他如何遇上Penny。

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{{迷失集目表

|EpisodeNumber = 65

|EpisodeNumber2 = 18

|Title = [[D.O.C. (Lost)|D.O.C.]]

|Aux1 = [[Fred Toye]]

|Aux2 = [[愛德華·克特西斯]]和[[亞當·霍若維玆]]

|Aux3 = [[白善華|善華]]

|OriginalAirDate = [[2007年]][[4月25日]]

|ShortSummary = 善華得知在島上懷孕的女人都會在分娩前死去，因此要求茱莉葉檢驗一下她是否在島上懷孕，茱莉葉於是把她帶到了一個達摩醫療站。善華離開後，茱莉葉向班報告了情況。德斯蒙德在森林裏踫到了前段時間竟然沒有死的Mikhail，並讓他救救娜歐米。回憶顯示善華被真秀的生母敲詐，然而早前真秀告訴她母親已去世。

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{{迷失集目表

|EpisodeNumber = 66

|EpisodeNumber2 = 19

|Title = [[The Brig]]

|Aux1 = [[Eric Laneuville]]

|Aux2 = [[戴蒙·林道夫]]和[[卡爾頓·丘斯]]

|Aux3 = [[約翰·洛克|洛克]]

|OriginalAirDate = [[2007年]][[5月2日]]

|ShortSummary = 回憶裏，洛克的父親被“其他人”關起來了，而他則正常地和“其他人”生活。回到當前，洛克説服了索耶到“黑岩”看看洛克的爸爸。索耶後來以槍殺了洛克的爸爸，因爲他就是“索耶”這個假名的由來，也就是殺死父母的人。

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{{迷失集目表

|EpisodeNumber = 67

|EpisodeNumber2 = 20

|Title = [[The Man Behind the Curtain]]

|Aux1 = [[Bobby Roth]]

|Aux2 = [[伊利沙伯·薩諾夫]]和[[Drew Goddard]]

|Aux3 = [[班·連路斯|班]]

|OriginalAirDate = [[2007年]][[5月9日]]

|ShortSummary = 洛克回到了“其他人”那裏，而班很不情願地帶洛克去見“其他人”神秘的真正領袖Jacob。洛克並沒有看見他，但能聽見他，儘管班卻聼不到，因此才在洛克獨自上打了一槍。自從發現茱莉葉是内奸之後，生還者們對傑克越來越不信任，但是茱莉葉卻表明她和傑克已經一起對抗“其他人”了。回憶裏面，還是個小男孩的班第一次來到荒島上，成爲達摩計劃的一份子。班和“其他人”（at least one of whom, [[Richard Alpert (Lost)|Richard Alpert]], does not age in the next thirty years）計劃陰謀，殺死了大部分的達摩計劃成員。<ref>[[戴蒙·林道夫|Lindelof, Damon]]和[[卡爾頓·丘斯|Cuse, Carlton]], ([[May 11]], [[2007]]) "[http://abc.go.com/primetime/lost/podcast?dt=20070511 Official ''Lost'' Podcast]," ''ABC.com''. Retrieved on [[July 3]], [[2007]].</ref>

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{{迷失集目表

|EpisodeNumber = 68

|EpisodeNumber2 = 21

|Title = [[Greatest Hits (Lost)|Greatest Hits]]

|Aux1 = [[史提芬·威廉斯]]

|Aux2 = [[愛德華·克特西斯]]和[[亞當·霍若維玆]]

|Aux3 = [[查理·佩斯|查理]]

|OriginalAirDate = [[2007年]][[5月16日]]

|ShortSummary = 傑克得知了“其他人”要在晚上伏擊並虜走孕婦的計劃，因此決定組織人們以炸藥抵抗。爲了使薩伊德能用娜歐米的衛星電話發出求救信號，查理必須游到一個阻斷所有信號的水底達摩工作站，關掉裝置。而根據德斯蒙德的預感，查理將會在這個任務中溺水而死，卻可以讓他心愛的克萊爾上救援直升機，因此查理寫下了他平生最有意義的五個時刻，最爲隊自己對這個世界的告別。

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}}

{{迷失集目表

|EpisodeNumber = 69

|EpisodeNumber2 = 22

|Title = [[Through the Looking Glass (Lost)|Through the Looking Glass]]

|Aux1 = [[傑克·本德]]

|Aux2 = [[卡爾頓·丘斯]]和[[戴蒙·林道夫]]

|Aux3 = [[傑克·謝潑德|傑克]]

|OriginalAirDate = [[2007年]][[5月23日]]

|ShortSummary = 本集為雙倍長度。傑克以炸藥殺死“其他人”的計劃弄巧成拙，而薩伊德、真秀和柏納則在海灘上被“其他人”劫持作人質了。由盧梭帶領的生還者們向一座無綫電發射台進發，準備關掉盧梭16年前發射的信號。娜歐米嘗試聯係她所屬的船隻，卻被洛克從後用刀襲擊；而班也贊成這麽做，並堅決認爲生還者們現在的行動是錯誤之舉。查理和德斯蒙德在水下的達摩工作站裏，而查理在剛和德斯蒙德女友Penny Widmore取得聯係之後，Mikhail便炸破的窗戶，查理因此淹死，應驗了德斯蒙德的預言。另一方面，索耶、茱莉葉和赫利就出了海灘上的人質。“前敍”代替了之前的回敘和回憶，這集第一次的前敍裏，傑克獲救之後過著痛苦的生活。

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|}</onlyinclude>

==參考資料==

{{wikiquote|Lost#Season Three|Lost Season 3}}

\* ''[[Lost (TV series) DVD releases#Season 3|Lost: The Complete Third Season – The Unexplored Experience]]'' (2007-12-11) coming soon to [[Buena Vista Home Entertainment]]

\* [http://abc.go.com/primetime/lost/index?pn=recaps#t=38132 ''Lost'' Recaps] at ABC.com

\* [http://www.abcmedianet.com/web/display/display\_main.aspx?global\_id=001648&leftcol=links&typecode=pr&css=default\_display\_gray.css ''Lost'' Episodic Press Releases] at ABC Medianet

===備註===

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[[da:Lost (sæson 3)]]

[[en:Lost (season 3)]]

[[es:Lost (temporada 3)]]

[[fi:Lost (3. tuotantokausi)]]

[[fr:Saison 3 de Lost, les disparus]]

[[hu:Lost (3. évad)]]

[[it:Episodi di Lost (terza stagione)]]

[[no:Episoder av Lost (sesong 3)]]

[[pt:Lost (temporada 3)]]